

# Injury Recovery Cream

Speedy recovery the way nature intended!

Active individuals might find themselves pushing their limits, resulting in muscle strains, hamstring injuries, sprains, deep tissue injuries, joint pain or fractures. Natural Aid Injury Recovery Cream targets these more intense injuries, providing pain relief as it assists in the recovery process.

**May assist with:**

- Knocks, falls
- Bruising
- Sprains, strains
- Stretched ligaments
- Fractures
- Torn muscles
- Swelling and inflammation
- Joints & muscle aches, pains, soreness and stiffness

**Directions:**

Apply 3 times daily or as needed, gently massaging onto affected area.

**Active ingredients:**

Arnica 30C, Ruta 6C,  
Rhus Tox 30C,  
Bellis Perennis 6C,  
Symphytum 6C

*\* Do not use on open wounds*

*\* Avoid rubbing eyes with cream on hands.*



NO NASTIES  
SUITABLE FOR  
NEWBORNS TO ADULTS

HYPO-ALLERGENIC

NON-GREASY

FRESH FRUITY FRAGRANCE

FINEST CERTIFIED ORGANIC  
BASE CREAM

NO ANIMAL TESTING



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PROUDLY MADE IN



SOUTH  
AUSTRALIA



# FIRST AID CREAMS

Absolutely essential  
for every household!

Natural Aid's First Aid creams are made from a lovingly crafted delicate blend of nature's finest organic ingredients and infused with therapeutic homeopathic actives specifically formulated to provide an all natural, chemical and cruelty free, fast acting relief for first aid situations. The creams have a fresh fruity fragrance, and are readily absorbed to help nourish, hydrate and soothe, whilst restoring skin to its healthy state

# Calendula All Purpose Cream

Your ultimate skin saviour!

Often referred to as 'nature's gold', Calendula cream is a testament to nature's ability to nurture and restore. Boasting a remarkable array of benefits for the skin with its anti-inflammatory and antiseptic properties, Natural Aid Calendula Cream helps to soothe, repair, protect and regenerate aggravated skin leaving it soft, hydrated, supple and rejuvenated.

### May assist with:

- Minor cuts & abrasions
- Skin irritations /redness
- Dribble rash
- Reducing scarring
- Damaged skin from radiotherapy
- Slow healing wounds
- Skin rashes
- Excessively dry skin
- Dermatitis & chapped skin

### Directions:

Apply to affected area up to 3 times daily

### Active ingredients:

Calendula Officinalis 30C

*\*\* For individuals undergoing radiotherapy, Calendula All Purpose Cream is a game-changer, now available in 250mL pump bottles. Its unique formulation works wonders in preventing redness and burning, providing much-needed relief during a challenging time.*



# Bites & Stings Cream

Your steadfast companion for all your outdoor adventures!

Pesky insect bites and stings are most unwelcome when trying to enjoy the great outdoors. Constant stinging & itching & swelling can cause much discomfort.

Natural Aid's Bites & Stings to the rescue! Remarkably rapid recovery! Provides relief of, and speeds recovery of all insect bites.

### May assist with:

- Itching, stinging, burning of the area
- Bites and stings elevated with a rash or spot
- Calming inflammation & pain
- Reducing swelling, itching & infection

### Directions:

Apply to affected area up to 3 times daily or as needed to ease symptoms.

### Active Ingredients:

Apis 30C, Arnica 30C, Ledum 30C

*\* Seek medical attention if breathing symptoms or a festering wound.*



# Bumps & Bruises Cream

Comfort in a tube!

Uneven terrain, crowded places and unfamiliar surroundings can sometimes lead to stumbling, knocks and falls, causing painful bumps, bruises, sprains and strains. The Bumps & Bruises Cream with Arnica has been used for centuries for physical trauma, helping to soothe sore, bruised areas and promotes the natural healing of skin tissue, allowing you to get back to your adventures without discomfort.

In addition to its well-known use as a topical pain relief agent, Arnica preparations have shown wound healing, antiseptic and anti-inflammatory properties.

### May assist with:

- Knocks or bumps to body
- Muscle sprains
- Bruises with discolouration, painful and raised
- Muscular soreness & stiffness
- Tired aching legs after exertion
- Relaxation of the body after childbirth.

### Directions:

Apply to affected area up to 3 times daily or as needed.

### Active Ingredients:

Arnica 30C, Ruta 6C

*\* Do not use on open wounds*



# Burns & Scalds Cream

Exceedingly Rapid relief!

Accidents happen! Burns & scalds from hot surfaces or liquids can cause intense pain, especially where blistering and inflammation occur.

Natural Aid Burns & Scalds Cream gives immediate relief as it goes to work soothing & healing.

### May assist with:

- Relieving pain of minor burns, steam burns & scalds including sunburn
- Soothing stinging & itchiness of affected area
- Healing without scarring

### Directions:

Apply to affected area up to 3 times daily.

### Active ingredients:

Urtica 6C, Cantharis 6C, Calendula 6C

